

COMFORTING SLOW COOKED CHILI

Ingredients

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| 1 pound ground turkey breast | 1 can (10 ounces) diced tomatoes and green chilies |
| 1 large onion, finely chopped | 1 tablespoon chili powder |
| 1 can (15 ounces) pinto beans, rinsed and drained | 1 teaspoon ground cumin |
| 1 can (8 1/2 ounces) corn, rinsed and drained | 1/2 teaspoon garlic powder |
| 1 can (15 ounces) tomato sauce | 1/2 teaspoon salt |
| 1 can (14 1/2 ounces) diced tomatoes | |

Directions

- In a nonstick skillet over medium heat, cook ground turkey until meat is no longer pink
- Drain
- Transfer meat to slow cooker
- Add remaining ingredients
- Stir until combined
- Cook on “high” for 4 hours
- Remove lid and stir quickly halfway through